

GLOBAL DEGROWTH DAY – GOOD LIFE FOR ALL!



On **1st June 2019** there will again be many different public events all over the world to share alternatives to a growth based society. We want to show: A good life for all is possible!

All people, groups, organizations and movements that feel connected to this idea are asked to participate. Create local actions and events that show alternative ways and ideas leading beyond a society that relies on economic growth. We want to make these ideas visible for as many people as possible. We imagine a diverse movement for global justice, sustainability and well-being. By putting your ideas into practice we can create a more self-determined and thoughtful way of living together. And a global action day can help to connect different existing initiatives to be part of a colorful and diverse movement for degrowth.

What do we mean by “good life for all”?

A good life for all requires a way of doing business and a form of society that aim at the well-being of all people and fellow creatures and protect the ecological basis of life. This can only be achieved by a fundamental change in our current mode of living and production as well as a comprehensive cultural change. For us, the values of such a society include mindfulness, deceleration, solidarity and cooperation in order to make possible a self-determined life in dignity for all. As necessary further steps we see among other things a careful handling of resources, the orientation towards sufficiency and a reduction of production and consumption in the Global North. We also need to develop more democratic forms of decision-making to enable genuine political participation, and to reduce global structures of domination and exploitation, such as racism, sexism and neo-colonialism, so that everyone can actually participate in the good life. Such an approach is also called degrowth or post-growth. See also <https://www.degrowth.info/en/what-is-degrowth/>

What happens on the “Global Degrowth Day – Good Life for all!” in 2019?

Since 2013 there was the yearly degrowth picnic (<https://picnic4degrowth.wordpress.com/>) - a world wide action day that unites events of many different kinds that support the degrowth idea. In Germany a similar day with the motto „Good life for all“ took place in 2018 (<https://www.degrowth.info/en/our-projects/good-life-for-all-day/>).

Starting in 2019 both days will be combined: The action day „**Global Degrowth Day – Good life for all**“ will take place on **1st June 2019**.

On this day, local initiatives will organize public events and actions to make clear: Together we say no to the alleged lack of alternatives. We want to show concrete scope for action and alternatives to the capitalist growth society, because a good life for all is possible! Organize a picnic and talk about a “good life for all” - change often starts with a relaxed chat around good food. Of course, other forms are possible: be it a public debate with degrowth

activists, a bicycle tour to a local CSA farm (Community Supported Agriculture), a visit to the next Repair Café, a demonstration in front of a coal power plant... you can decide! But we recommend to have during, before or after the event, a convivial part, where people can interact and share food/drinks together.

Participate!

On our website <https://www.degrowth.info/en/globalday/> you can find a collection of ideas with examples and helpful hints – how to organize events, how to do PR etc.

You already know what you are going to do? You can publish all events yourself on the website – if possible by 24th May 2019.

Who we are

This event is organized by the working group “Activists and”, see [degrowth.info/en/groups/](https://www.degrowth.info/en/groups/) for description and contact information. New members are welcome!

In case of questions, please send a mail to globalday@degrowth.net

The Global Degrowth Day is supported by

